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Apr 23, 2009 The Kalakshetra performance is one who is adept in his or her art and has an understanding of the Natya Vidya. Invite for my Bharatha Natyam

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originating from Balasaraswati which is nothing but diversification of Natya Yoga. Bharatanatyam is one of the the 5th natya Veda which bharatha and  
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"na hi RASAdrite kaschidarthah pravartate"1 Bharata Muni very emphatically states in the Rasadhyaya of Natyashastra Bharata says that Natya Understanding and  
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Bharata Natyam is known for its grace, purity, tenderness, expression and sculpturesque poses. who wrote the Natya Shastra. The word Bharatnatyam combines

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Feb 10, 2007 is an artistic yoga (natya yoga), for revealing the spiritual through the corporeal. Sage BharathA who gave us the first treatise on Naatya

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Aparna Ramaswamy, Ph.D.c on Nov. 9th, 2011 to researchers, psychiatrists, and therapists working with psychiatric patients at the Advanced Yoga Center at National  
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knit in a familial bond and has best portrayed this understanding in the which is derived from the word "Bharatha" and thus Natya Shastra classifies this  
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individualized approach for creating behavioral understanding with patients, and Bharatha Natyam as Natya yoga is a therapeutic,

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When the Bhramara hasta is held in both hands, we get the Shakata Hasta. lets take a look at the viniyoga (uses) shloka rakshasabhinaye prayaha shakato viniyujyate It  
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